

## OBITUARIES

### Nona Dell Pillow Parham

Nona Dell Pillow Parham, 91 of Herndon, formerly of Hampton, died on May, 27. She was preceded in death by her husband, Dr. Louis Daniel Parham Jr., and her daughter, Karol Renee Parham.

She is survived by her son, Louis Daniel Parham III, and his wife, Noradel Parham, and three grandsons, Dan Parham, Liam Parham and Michael Parham of Herndon. In addition, she is survived by nieces, Martha Poston Turner of Manakin Sabot and Janet Poston Hardeman of Charleston, South Carolina; nephews, the Honorable Charles Poston of Norfolk, Francis Pillow of Colonial Beach, Ken Pillow and Charles Henry Pillow of Tempe, Arizona; as well as numerous cousins and extended family.

Born in Charlotte County, she was the daughter of the late Charles Henry Pillow and Mary Grace Sublett Pillow and grew up in Red Hill, with her four siblings, the late Garland Pillow, Mildred Pillow Poston, Kenneth Pillow and Wade Pillow (all

deceased).

Nona Dell graduated from Randolph Henry High School in Charlotte County. She held numerous administrative assistant positions in Keysville and served as office manager for her husband's medical practices in White Stone, Montross and Hampton, while raising their two children.

Nona Dell cherished her family and friends and never failed to give 100% of herself to ensure their happiness and well-being. She always looked forward to entertaining her family and friends at her homes in Hampton and Sandbridge Beach.

A funeral service will be held on Saturday, Aug. 26, at 1 p.m. at Midway Baptist Church in Phenix. The burial will follow at the Midway Baptist Church cemetery.

In lieu of flowers, memorial contributions may be made to the Pulmonary Fibrosis Foundation (<https://www.pulmonaryfibrosis.org/>).

Memories and tributes can be posted at: <https://my.gather.app/fh/lay-to-rest-cremation-and-funeral-home/family/nona-parham>.



## Lancers softball adds to coaching staff

Longwood softball head coach Dr. Megan Brown announced the addition of a new assistant coach to her staff this past week. Jordan McNary joins the program prior to the rest of the team returning to campus in the fall.

McNary, a former standout softball player at the University of Louisville, joins Dr. Brown's staff following a season at Ball State University. Prior to Ball State, McNary gained experience coaching at Morehead State University in addition to coaching at the D-III, travel ball, and high school levels.

"We are thrilled to welcome Coach McNary to the Longwood softball family," said Dr. Brown. "She brings a wealth of experience

### LONGWOOD

from her time as a player in the ACC as well as her coaching experience. Her character, knowledge, work ethic, and experience coaching slappers and defense is the perfect fit for our team and staff. We are excited to have her on campus soon."

In her roles at both Ball State and Morehead State, McNary held responsibility in recruiting efforts, creating practice plans, creating scouting reports, and much more. This past season, she helped the Cardinals finish fourth in the MAC and clinch a conference tournament berth for the first time since 2019.

As a player, McNary shined in four seasons

at Louisville. A four-year starter, she was named to the All-ACC 2nd Team in both 2016 and 2017 and was an AAC Champion in 2014. McNary had a career batting average of .318 and has the 10th most steals all-time in Louisville history with 37.

In the classroom, McNary was also an exemplary student. She was a three-time conference All-Academic team selection (1x AAC, 2x ACC), a four-year recipient of the Woodford R. Porter Scholarship, an NFCA Academic All-American, earned Dean's List honors three times, and received the Arthur Ashe Jr. Sports Scholar Award in 2015.

"I would like to thank Coach Brown for this great opportunity to join the staff and work with some very talented student-athletes," said McNary. "I can't wait to get started to continue the



## Charlotte schools Pack the Bus

Just before classes started back, staff and school board members from Charlotte County Public Schools held a Pack the Bus event. Parents were able to pick up their child's school supplies for free. According to Karen Thompson, an instructional data coach with the school district, the event was very successful, with more than three hundred packages picked up by parents. District officials pointed to the help from the Charlotte County Sheriff's Department, school district staff and school board members, all of whom organized, packaged and helped distribute the supplies.



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success of the Lancer softball program."

The Lancers have won five Big South Championships since joining the league in 2013 and are coming off of a season in which they were the regular season champions and claimed wins over two top 10 programs in No. 4 Florida State and No. 8 Duke.

## Appalachian asks for rate increase

Appalachian Power Company, Virginia's second-largest electric utility, is asking regulators for a big rate increase, citing inadequate revenues over the past three years and rising costs.

If the State Corporation Commission agrees to the rate hike, it would increase the average monthly residential bill by about \$20.

Because of how much the company says it has underearned over the last three years, rates will almost certainly increase over the next year. But other groups including the Office of the Attorney General are pushing

back against the size of the utility's request, and particularly its desire to see a major rise in the profits it's allowed to earn.

The rate case is when the SCC reviews what the company has earned and sets the rates customers will pay going forward as well as the company's new profit level. In the current case, Appalachian Power is asking to earn an additional \$212 million annually, a 14.3% increase from what it was previously allowed to earn. It is also seeking approval of a new profit level of 10.6%, a jump from its current level of 9.2%.

## COMMUNITY MEETING

Thursday, August 31, 2023

★ 6:00 – 8:00 PM

Hosted by:

Heather T. Brown

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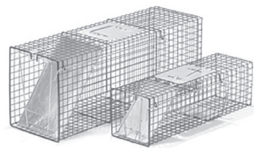
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