



The number of ways to use these handy little crispy cheese bowls is only limited by your imagination.

## Homemade Parmesan Cheese Bowls



**Queenie Cooks**

By Terry Harris

Anyone who reads my columns on a regular basis (Bless your heart!) already knows that I can wax poetic when I find a recipe for something tasty that is quick and easy to make and only requires a few ingredients. Well, this week, prepare to be impressed, because making these Parmesan Cheese Bowls is almost as simple as “throw some shredded cheese on parchment paper” and the number of ingredients? One!

That’s right, you CAN add a bit of hot sauce or some fresh or dried herbs if you like, but all you really need will be a couple of cups of shredded parmesan cheese and 10 minutes to watch your oven!

True story. A couple of years ago when I was spending my birthday week (doesn’t everybody celebrate for at least a week?) in New York City with my sister, she was telling me about making Parmesan Cheese Bowls. I’d actually wanted to try them for some time, but just never got around to it.

Anyway, we were talking about all the great fresh fruit and vegetables in the farmer’s market and the subject turned to avocados and one thing led to another and the next thing I knew, she had whipped out some cheese and shredded it and were making little baked cheese rounds to mold into edible bowls

for serving the guacamole!

Actually, these made me a bit nostalgic. I remember when Mama would make cheese biscuits with a big ole hunk of sharp cheddar in the middle of each. Daddy’s favorite part was when a little of the cheese would melt out onto the pan while they were cooking and that cheese would pool on the baking sheet into a wonderful little puddle of crunchy cheese deliciousness. WHEW, was that good. I figured this would be about the same thing. And actually, it was close.

But back to the recipe. It really is as easy as 1, 2, 3. You just spread out your cheese into rounds over a piece of parchment paper, bake, and lift off the pan. It doesn’t get much simpler than that!

About six inches across is a good size, and the parchment paper is important since without it the cheese can tend to stick to your cookie sheet, leaving you with a mess to clean up, and probably more crumbs than bowls. These really aren’t as delicate as you’d think, but you have to work VERY quickly when you take them out of the oven. And do take them out as soon as the cheese is well-melted and just barely beginning to brown. Otherwise, they’ll quickly harden up and be impossible to mold into the shape you want.

You can do the same thing with small circles and just make parmesan crisps. Add in a little hot sauce if you want to spice them up, or I’ll bet they’d be good with a bit of basil or some other favorite herb thrown in as well. You can crumble them up atop soups, serve them as bowls for fresh fruit or salads or dips or even the avocado we started off with. They’d also make great party meal appetizers for most any occasion. After all, who doesn’t like cheese???

We had a lot of fun experimenting with filling possibilities, and I’m thinking that you could fill them with pretty much anything that goes well with cheese! And they look like you worked over that hot stove for hours.

So go ahead – show your friends and family that you don’t have to go to a fancy restaurant to get fancy food – like edible bowls! Just don’t make the mistake we did on the second try. She had some fine old Parmigiana Reggiano at \$20 a pound in the fridge, and we figured if “regular, grocery store shredded parmesan cheese” was good, this would be great! Wrong. Sounds good, but in reality, much as I love that particular cheese, I have to admit that those actually ended up tasting a bit bitter.

And that’s pretty much the only tip I have this week. Take them out of the oven and work FAST and get good, shredded parmesan cheese – but not too good! These things really are delicious to eat, easy to make, and you can actually eat the dishes. How can you beat that? Enjoy!

## Homemade Parmesan Cheese Bowls

1 ½ Cups shredded Parmesan Cheese

Preheat oven to 400. Have ready four small custard cups or four 3” diameter drinking glasses turned upside down or even an upside down muffin tin. Cover the top of a large cookie sheet with a cooking spray or parchment paper. Spread ¼ of the cheese in four circles that are six inches across and spaced about an inch apart. (You can also make little rounds about the size of a half dollar for some delicious Cheese Crisps.) Bake in a preheated 400 degree oven 8 to 10 minutes. Watch closely and be prepared to take them out as soon as the cheese is melted and golden brown.

Once cheese has melted, immediately use a large spatula to drop each circle of cheese over the cups, pressing lightly with a potholder to form a bowl shape. Let stand until cool. Remove “bowls” from custard cups. Fill with fruit or vegetable salad or thick dips. Makes 4 small bowls.



As SOON as the cheese is melted and lightly browned drape the cheese over whatever shape you like for the way you want the bowls to look, but do it quickly!

# Arrest made following hammer attack

By Terry Harris

Sussex County Sheriff Ernest Giles is crediting a tip from a concerned citizen with the capture and arrest of the suspect following the recent attack on a Waverly citizen with a hammer.

According to the arrest report, at 8:05 a.m. on May 25 a 911 call came in referencing an attempted robbery and assault on Coppahaunk Avenue in Waverly, VA.

The responding officer found the victim with lacerations on the back of his head. Victim said that he was struck on the back of the head with a hammer outside his residence. He gave a description of the suspect and reported that the attacker said, “Give me your money!” numerous times before striking him on the back of the head and his back with a hammer.

The victim, who had gone inside to call 911 said that when he went back outside he observed that a hammer was missing from his shed, which is believed to be the one the suspect used. The victim subsequently was

treated and released from the hospital.

On May 29 at 2 pm, a 911 call was placed to sheriff’s office advising that the suspect was back at the scene of the crime.

Officers arrived on the scene and located the suspect almost immediately – a male juvenile from the town of Waverly. The victim immediately identified the suspect who was arrested on the scene and taken to Crater Juvenile Detention Center, charged with malicious wounding and attempted armed robbery.

“Due to an astute observation of a nearby neighbor, we were fortunate to be able to apprehend the suspect,” said Sheriff Giles afterward. “She had immediately called 911 as her husband simultaneously contacted me, making a quick apprehension and identification of the suspect possible. I wish to thank the citizens for being vigilant and for when seeing something, saying something. I also wish to thank deputies for their quick response and apprehension of this individual. They arrived within two minutes of the call.”

## Pet of the Week

Sussex County Animal Services this week has a lovely lady up for adoption! Delilah is a spayed, 2 year old female Staffordshire terrier mix, up-to-date on vaccines, and just very happy girl. She loves treats, hugs, and kisses. She also loves running around outside, so she would be so happy to find her forever home with a family that loves the outdoors like she does, because she is always ready for an adventure! Please come meet her Monday through Friday, 1 p.m. to 4 p.m. at Sussex County Animal Services and Shelter at 14493 Robinson Road, Stony Creek, VA 23882, or by appointment on Saturday or Sunday by calling 804-898-5371.



## TOP VIDEO RENTALS AND SALES

### Video On Demand

1. **Uncharted** .....(PG-13)  
Tom Holland
2. **Dog** .....(PG-13)  
Channing Tatum
3. **Spider-Man: No Way Home** .....(PG-13)  
Tom Holland
4. **Blacklight** .....(PG-13)  
Liam Neeson
5. **The Bad Guys** .....(PG)  
animated
6. **Moonfall** .....(PG-13)  
Halle Berry
7. **Memory** .....(R)  
Liam Neeson
8. **Sing 2** .....(PG)  
animated
9. **The Northman** .....(R)  
Alexander Skarsgard
10. **Vendetta** .....(R)  
Clive Standen

### DVD, Blu-ray Sales

1. **Uncharted** .....(PG-13)  
Sony Pictures
2. **Spider-Man: No Way Home** .....(PG-13)  
Sony Pictures/Marvel
3. **Dog** .....(PG-13)  
Warner/MGM
4. **Infinite** .....(PG-13)  
Paramount
5. **Belle** .....(PG)  
Shout! Factory/GKIDS
6. **Turning Red** .....(PG)  
Disney
7. **Top Gun\*** .....(PG)  
Paramount
8. **Sing 2** .....(PG)  
Universal
9. **Licorice Pizza** .....(R)  
Universal/MGM
10. **Moonfall** .....(PG-13)  
Lionsgate

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