



**Insight Into Action**

**T H E R A P Y**

**Immediate in-person and  
telehealth appointments available**

*Mental Health Therapy*

*Addiction Treatment*

*Alcohol Moderation*

*Psychological Testing*

*Medication Assisted Treatment*

*Court Ordered Evaluation*

*Couples Counseling*

*Psychiatric Evaluation*

**[www.insightactiontherapy.com](http://www.insightactiontherapy.com)**

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