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The News & Advance

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SUNDAY, MARCH 24, 2019

Vol. 154, No. 83, Our 153rd Year • Lynchburg, Va.

Putting an end to 'struggling in silence'

New coalition hopes to tackle
maternal mental health

By **Rachael Smith**
rsmith@newsadvance.com

Having a baby is a major life change. There are hormonal changes, a lack of sleep and unexpected challenges that make being a new parent overwhelming.

But with the right support, said Dr. Rachel Gagen, most of that stress is temporary and manageable.

"Most parents will do anything for this new beloved baby, including putting their own needs last," said Gagen, a pediatrician at F. Read Hopkins Pediatric Associates Inc. in Lynchburg. "When we fly, attendants remind us to put our oxygen mask on first, and then help young ones. Parents need to find a way to do the same."



"Bringing together all community stakeholders who interact with childbearing women is essential so that everyone understands these illnesses, knows how to talk about them ... and, most importantly, knows how to get women started on a path to recovery."

— **Adrienne Griffen**,
director of Postpartum
Support Virginia

ing with local obstetricians, pediatricians, nurse midwives, mental health providers and other community stakeholders to develop and expand women's access to maternal mental health services.

"Bringing together all community stakeholders who interact with childbearing women is essential so that everyone understands these illnesses, knows how to talk about them with childbearing women in a nonthreatening and informed manner, and, most importantly, knows how to get women started on a path to recovery," Griffen said.

Its first meeting in February had almost 50 people show up.

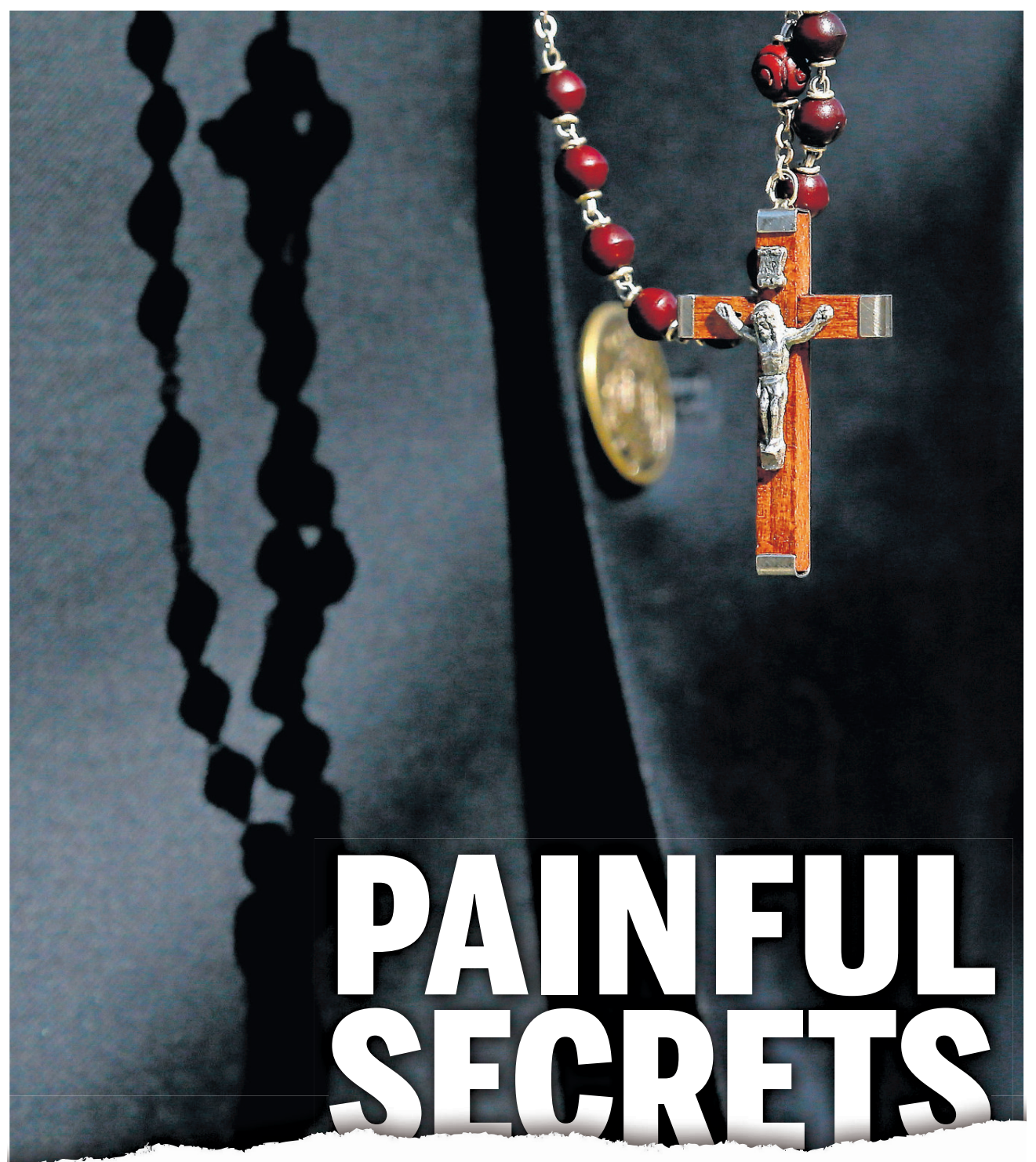
Tiffany Boydoh, a perinatal social worker with Centra and co-chair of the coalition, said the Lynchburg Maternal Mental Health Coalition will address perinatal mood and

Adrienne Griffen, director of Postpartum Support Virginia (PSVa), a 501(c)(3) nonprofit with 23 support groups around the state, created a new coalition to address these issues.

PSVa launched the first coalition in Williamsburg in 2017. Today there are additional coalitions in Hampton, Newport News, Richmond, Woodbridge, Harrisonburg and one coming in the fall to Charlottesville.

PSVa and Centra Medical Group are partnering in leading the coalition and now are working

SEE **HEALTH** | A5



PAINFUL SECRETS

A Richmond bishop urged the Vatican to defrock a priest accused of abusing a boy at Holy Cross Catholic Church. Rome refused. Now, the former altar boy publicly shares the story that has haunted him for half a century.



James Sheehan, in his altar server garments, stands next to his younger brother, Patrick. The photo is dated October 1966.

By **Richard Chumney**
rchumney@newsadvance.com

For five decades, James Sheehan kept his most painful memory a secret.

The horror of the abuse he remembers experiencing at the hands of his local parish priest haunted him into silence. And for half a century he felt alone — isolated and, at times, lost in his own memories.

But now, Sheehan is speaking publicly after Vatican officials refused to defrock the priest at the center of the allegation, despite the fact the Diocese of Richmond found his claim credible and recommended he be dismissed from "the clerical state."

The decision to come forward follows a renewed national focus on child abuse by clergy and prompted Lynchburg police to briefly reopen its investigation into the man Sheehan said physically and sexually assaulted him in the mid-1960s.

As a teenage altar boy at Holy Cross Catholic Church, Sheehan told The News & Advance in recent interviews he was serially abused by the Rev. Julian Goodman.

Sheehan, embarrassed and fearful of Goodman, told no one at the time.

Instead, he bottled up the pain and carried the burden alone for 50 years. The trauma destroyed the young

SEE **SECRETS** | A4

"The priests were venerated when I was a kid. They were the closest thing to God. As a kid you're taught to do what you're told." — James Sheehan



**Sunny and
few clouds** **66°**
Weather, A12 **49°**

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A WWII enthusiast watches French and British parachutists jumping during a commemorative parachute jump over Sannerville, Normandy, on Wednesday.

The News & Advance

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THURSDAY, JUNE 6, 2019

Vol. 154, No. 157, Our 153rd Year • Lynchburg, Va.

THE ASSOCIATED PRESS

NOSTALGIA FILLS THE SKY

Vintage aircraft take practice runs over Bedford for today's aerial tribute to WWII veterans

MORE D-DAY

» 'Thank you': Queen honors D-Day veterans at moving ceremony. **C1**
 » At 97, D-Day veteran parachutes into Normandy. **C1**

ONLINE

Go to newsadvance.com
 » Updates throughout the day in words and photos of the D-Day 75th anniversary observance in Bedford.
 » Photos from the D-Day invasion on June 6, 1944.
 » Full coverage of the anniversary observance in Normandy.

By Shannon Keith
skeith@newsadvance.com

The skies above Bedford and Lynchburg were filled with nostalgia Wednesday as pilots of World War II aircraft prepared for today's aerial tribute during the 75th D-Day anniversary ceremony.

Signs throughout Bedford notified residents low-flying aircraft would be flying over the area Wednesday and today and an advisory released by the National D-Day Memorial Foundation asked residents not to call emergency communications to report the noise.

About a dozen WWII aircraft will be taking part in today's flight that will pay tribute to the 13,000 aircraft that flew during the June 6, 1944, invasion of Normandy.

"This will be one of the last air shows of this kind that World War II veterans will be able to witness," said Andrew McKenna, of the United States Air Force Heritage Flight Foundation, who will be piloting a P-51 Mustang during the aerial tribute.

"It is humbling for me to be taking part in this. It truly is an honor."

John Weyrich and Chuck Tippet — pilots with the Flying Circus Airshow in Bealeton — will be flying Boeing Stearman biplanes, which were used to train WWII pilots. The Flying Circus team

SEE **D-DAY** | A5



PHOTOS BY TAYLOR IRBY/THE NEWS & ADVANCE

ABOVE: A biplane flies over Lynchburg Regional Airport on Wednesday. Veterans visiting Lynchburg were treated to complimentary flights on Boeing Stearman Aircraft by members of the Flying Circus, a troupe of aerial performers from Beale, Virginia. Boeing Stearman were used to train pilots during WWII. BELOW: Hilman Prestridge, a WWII veteran, takes a tour at the National D-Day Memorial in Bedford.



Last-minute details for Bedford D-Day festivities

Staff reports

Here are some last-minute details for today's observance at the National D-Day Memorial in Bedford to mark the 75th anniversary of the June 6, 1944 invasion:

The main event

An aerial tribute to World

War II veterans, featuring vintage aircraft, will begin at 10 a.m. Guests are encouraged to bring hearing protection. Vice President Mike Pence will give a keynote address at 11 a.m. More than 90 WWII veterans are expected to attend,

SEE **DETAILS** | A5

Campbell supervisors OK townhomes

92-unit development on English Tavern Road gets approval

By Sarah Honosky
shonosky@newsadvance.com

Dozens of residents left a Campbell County Board of Supervisors public hearing Tuesday night disappointed after a 92-unit

townhouse development was approved.

The development, which will be located on English Tavern Road at Tavern Grove Lane off U.S. 29, is adjacent to an existing neighborhood on Spring Oaks Drive. The county's planning commission recommended against the rezoning in April.

After hearing more than an hour of debate, supervisors voted 4-3 to rezone the 10.75-acre property,

with Spring Hill Supervisor James Borland, Concord Supervisor Eddie Gunter and Altavista Supervisor Dale Moore opposing.

Property owners Ricky and Lisa Moorefield sought to rezone the parcel from residential single family to residential multifamily to create an expansion of the existing Tavern Grove development. There are 230 townhomes already

SEE **CAMPBELL** | A5

INSIDE



SUMMER TV: Stranger Things returns and more summer TV news. Plus First Friday exhibits. **IN THE BURG**

Afternoon storms 86° 64° Weather, C6

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SUNDAY, AUGUST 25, 2019

Vol. 154, No. 237, Our 153rd Year • Lynchburg, Va.

Virginia marks the dawn of American slavery

with solemn ceremonies, speeches and songs



EVELYN HOCKSTEIN/THE WASHINGTON POST

A cleansing ceremony and tribute to ancestors at Buckroe Beach in Hampton on Saturday commemorates the 400th anniversary of the first enslaved Africans arriving in Virginia.

By Gregory S. Schneider
The Washington Post

HAMPTON

They faced the sunrise to the rhythm of drums and waves on a windswept beach, dozens wearing white, near the spot where the first enslaved Africans arrived at the English colony of Virginia in 1619. On Saturday morning, they would release those

spirits.

The cleansing and naming ritual, presided over by visiting chiefs from Cameroon, kicked off a weekend of events marking the 400th anniversary of the Africans' arrival and the dawn of American slavery.

"The water was warm and salty," said Tiffini Mason Johnson, who lives in Cockeysville, Maryland, emerging after a ceremony with women from an African cultural group. "They told

me to just release myself, that I am released of anger and fear, and my grandmothers through me."

The question of release hung over a day that walked a fine line: commemorating the nation's fundamental sin of slavery but also celebrating the African descendants who survived its brutality and helped build America.

SEE **SLAVERY** | A4

"Our perseverance, making it through 400 years, is something that should be honored." — Terry E. Brown, National Park Service superintendent for Fort Monroe

BEDFORD COUNTY

Program is on cutting edge of the culinary arts

High school students work in an industrial kitchen and earn three college credits

By Shannon Keith
skeith@newsadvance.com

BEDFORD — Rachel Witt said her lifelong love of cooking nearly came to an end when she was 13 years old.

"I lost 83% of my vision after having brain surgery," Witt said. "I didn't think I would ever be able to cook again."

However, the Jefferson Forest High School senior said she rekindled her passion for cooking with the help of a rehabilitation therapist.

"Once my therapist taught me how to cook again I decided that I was going to culinary school," Witt said. "I'm not letting anything stop me from doing that."



Witt

Witt is getting a head start on her future plans through a culinary arts program offered at the Bedford Science and Technology Center. The program — now in its second year — is working in a full-size industrial kitchen in the newly renovated Bedford County Parks and Recreation building at 1257 County Farm Road.

"It's such a wonderful gift of space," BSTC Principal Kim Halterman said. "We had to get pretty creative last year with kitchen space."

Chef Zac Shupe — a Culinary Institute of America graduate and the program's instructor — said classes last year had to be held in the kitchens of local churches.

"We had to improvise a lot," Shupe said. "We are fortunate to have a space like this and are really grateful that the county stepped up."

Shupe said the county's donation of the kitchen makes Bedford County's program

SEE **PROGRAM** | A5



Mostly cloudy
Weather, A12

77°
58°

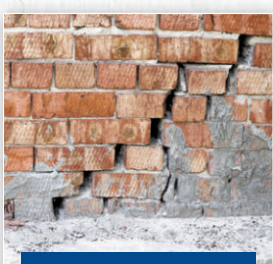
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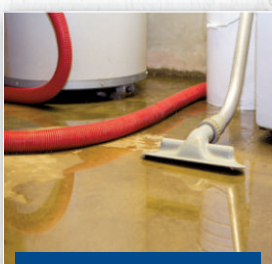
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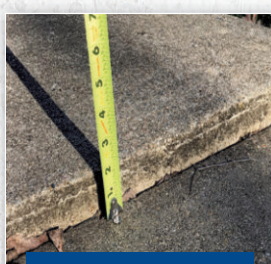
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