THURSDAY, DECEMBER 26, 2019



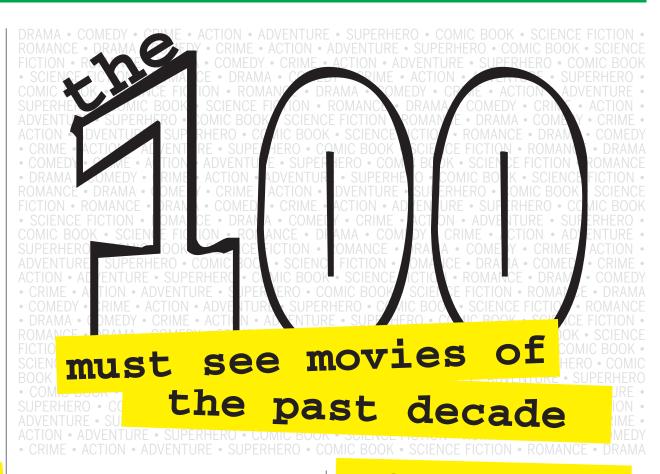
By Michael Smith • Tulsa World

■ n the past decade, I've seen more than 2,000 new movies — hundreds of dramas, comedies, action flicks and more.

Rather than preparing a simple "best of the decade" list of 10 or 20 movies, I've broken a decade down into 10 of those genres with their own top 10s.

That gives you 100 movies to discover — for the first time or to re-watch because it's been a few years - and to argue whether I've put them in the right category (Is "The Shape of Water" a drama, sci-fi or romance? It's all of them, really).

It can sometimes take a few years to judge a film's greatness, so you'll only find a couple of 2019 movies here.



dramas



- 1. "The Social Network" (2010)
- 2. "American Hustle" (2013)
- 3. "Roma" (2018)
- 4. "Nightcrawler" (2014)
- 5. "Moonlight" (2016)
- 6. "Black Swan" (2010)
- 7. "Argo" (2012)
- 8. "Spotlight" (2015)
- 9. "Three Billboards Outside Ebbing, Missouri" (2017)
- 10. "Birdman" (2014)

comedies

1. "Bridesmaids" (2011) 2. "Scott Pilgrim vs. the World" (2010) 3. "The Grand Budapest Hotel" (2014) 4. "Inside Llewyn Davis" (2013) 5. "The Big Short" (2015) 6. "Crazy Stupid Love" (2011) 7. "21 Jump Street" (2012) 8. "The Nice Guys" (2016) 9. "Game Night" (2018) 10. "50/50" (2011)



- 1. "Sicario" (2015)
- 2. "Gone Girl" (2014)
- 3. "Hell or High Water" (2016)
- 4. "The Accountant" (2016)
- 5. "Baby Driver" (2017)
- 6. "Prisoners" (2013)
- 7. "End of Watch" (2012)
- 8. "The Town" (2010)
- 9. "Good Time" (2017)

1. "Deadpool" (2016)

2. "Black Panther" (2018)

6. "The Avengers" (2012)

7. "Joker" (2019)

3. "Wonder Woman" (2017)

4. "Avengers: Endgame" (2019)

5. "X-Men: First Class" (2011)

10. "Thor: Ragnarok" (2017)

8. "The Guardians of the Galaxy" (2014)

9. "Captain America: The Winter Soldier" (2014)

10. "The Irishman" (2019)

superhero/comics

"Deadpool"



COURTESY TWENTIETH CENTURY FO

aimed at adults

- 1. "True Grit" (2010)
- 2. "Moneyball" (2011)
- 3. "Beginners" (2011)
- 4. "The Sessions" (2012)
- 5. "Please Give" (2010)
- 6. "Tully" (2018)
- 7. "Marriage Story" (2019)
- 8. "The Descendants" (2011)
- 9. "The Hero" (2017)
- 10. "The Old Man and the Gun" (2018)

best sci-fi



1. "Blade Runner 2049" (2017)

- 2. "Inception" (2010)
- 3. "Her" (2013)
- 4. "Ex Machina" (2015)



WARNER BROS. PICTURES VIA AP

- 1. "Mad Max: Fury Road" (2015) 2. "Edge of Tomorrow" (2014)
- 3. "Fast Five" (2011)
- 4. "Star Wars: The Force Awakens" (2015)
- 5. "Mission Impossible: Rogue Nation" (2015)
- 6. "The Revenant" (2015)
- 7. "Rush" (2013)
- 8. "Creed" (2015)
- 9. "Unstoppable" (2010)
- 10. "RED" (2010)

UPCOMING SCENE

THURSDAY

JAN.2

History will reopen.

MONDAY

JAN.6

Forms in Clay, pottery class every Monday night for six weeks through Feb. 10 from 6:30 to 9 p.m. at the Danville Museum of Fine Arts and History. Cost is \$95 for museum members and \$105 for non-members. Call Jonathan Scollo at (434) 792-5355 for payment and registration.

SUNDAY JAN. 12

Danville Museum of Fine Arts and Camilla Williams Exhibit opens at 2:30 p.m. at the Danville Museum of Fine Arts and History.

MONDAY

JAN.13

Virtual Content Workshop for local nonprofits and businesses presented by Elsie Shaffer at Danville Museum of Fine Arts and History from 10 a.m. to 3 p.m. and 5 to 10 p.m. For information, contact the museum at (434) 793-5644 or email cb@danvillemuseum.org.

America's Sunday Supper: "Economic Opportunity: Help Make Our Community Thrive" from 3 to 5 p.m. at the Salvation Army, 123 Henry St. RSVP at www.serve365.org.

THURSDAY

JAN. 23

Arts at Averett presents the Church Sisters in concert at 7 p.m. at the Pritchett Auditorium in the Violet T. Frith Fine Arts Center, 150 Mountain View Ave. Free admission.

SATURDAY

JAN. 25

Writer Karen Williamson: Workshop and lunch from 10 a.m. to 3 p.m. at the Danville Museum of Fine Arts and History. Cost is \$25, but free for museum members. For information, contact the museum at 793-5644 or email cb@ danvillemuseum.org.

SUNDAY

JAN. 26

The Chatham Concert Series features the Roanoke Ballet Theatre with Rainier Trio and "VanVoothis

5. "Arrival" (2016) 6. "Source Code" (2011) 7. "The Shape of Water" (2017) 8. "Gravity" (2013) 9. "Looper" (2012) 10. "Colossal" (2017)

best romance

1. "La La Land" (2016) 2. "Paterson" (2016) 3. "If Beale Street Could Talk" (2018) 4. "Enough Said" (2013) 5. "Sleeping With Other People" (2015) 6. "The Big Sick" (2017) 7. "Call Me By Your Name" (2017) 8. "Brooklyn" (2015) 9. "Cafe Society" (2016) 10. "Crazy Rich Asians" (2018)

best teen movies

1. "The Perks of Being a Wallflower" (2012) 2. "The Hate U Give" (2018) 3. "The Spectacular Now" (2013) 4. "Lady Bird" (2017) 5. "Eighth Grade" (2018) 6. "The Hunger Games: Catching Fire" (2013) 7. "Wonder" (2017) 8. "Booksmart" (2019) 9. "Waves" (2019)

10. "Leave No Trace" (2018)

Hall" at Chatham Hall at 3 p.m. The Chatham Hall dance students perform after intermission.

THURSDAY

JAN.30

American Spiritual Ensemble at

Moffett Memorial Baptist Church at 7:30 p.m. Professional voices led by Everett McCarvey. Presented by the Danville Concert Association. For tickets or season membership, visit www.danvilleconcert.org, call (434) 792-9242 or purchase on Eventbrite.

SUNDAY JAN. 19

Email upcoming events to scene@registerbee.com. The deadline for submissions is noon Tuesday.

sleepers 1. "Whiplash" (2014) 2. "Get Out" (2017)

3. "Winter's Bone" (2010) 4. "Warrior" (2011) 5. "The Rider" (2018) 6. "Jane Eyre" (2011) 7. "Win-Win" (2011) 8. "The Diary of a Teenage Girl" (2015)

9. "The Skeleton Twins" (2014)

10. "The Lovers" (2017)



Danville Register &

GODANRIVER.COM • FRIDAY, JUNE 7, 2019 • DANVILLE, VA.

Thousands on hand in Bedford to mark 75th anniversary of D-Day and

The men t

third day Lynchburg man claims self defense in shooting at

PITTSYLVANIA COUNTY

Defendant

takes stand;

trial enters

county gas station in January

By James Whitlow jwhitlow@registerbee.com

CHATHAM — Defendant James Rowland Hooper III tells a very different story of the

fatal shooting at the Circle K gas station than Pittsylvania County prosecutors — it's one of self defense. But it will take him an extra day beyond his trial's schedule to fully tell it.



Hooper's two-day trial was extended through Friday after prosecutors

Hooper III

rested their case Thursday afternoon. Both attorneys anticipate several more hours

SEE TRIAL | A4

Director to

THE (LYNCHBURG) NEWS & ADVANCE PHOTOS Special seating was set aside for veterans, including about 100 World War II veterans, for the opening aerial show for the observance of the 75th anniversary of D-Day at the National D-Day Memorial in Bedford on Thursday.

By Shannon Keith • The (Lynchburg) News & Advance

BEDFORD

oodrow Casey Jr. was among the first wave of soldiers to land on Utah Beach during the June 6, 1944, D-Day invasion.

When asked what he remembers of that morning 75 years ago, the 96-year-old resident from Grifton, North Carolina, summarized his wartime recollections in one word.

"Everything." 'I can remember everything. There are some things you can't forget, even at my age.

* * *

Casey was one of more than 100 World War II veterans — about 35 of whom took part in the D-Day invasion - on hand for Thursday's observance of the 75th anniversary of the Normandy invasion at the National D-Day Memorial in Bedford.

Thursday's ceremony, which drew 11,000 to 12,000 people to Bedford, marked the largest crowd at the memorial since its dedication in 2001, which was attended by then-President George W. Bush.

Crowds already were gathering at the 14 off-site parking lots at 6 a.m. Thursday, lining up to catch a bus to the memorial. When the gates were closed at 9:30 a.m., almost all of the 10,000 seats placed around the memorial were full and 2,000 or so more people were standing when the ceremony began at 10 a.m.

"I was here in 2001," said Barbara Overstreet, of Bedford. "This is the biggest crowd we've had since then."

Jean Fontenelle, of Lion-sur-Mer, France, was amazed at Thursday's crowd because it was about six times larger than the population of his home-



Brett Jones, of Salem, shakes hands with D-Day veteran Hamet Piercy at The National D-Day Memorial on Thursday.

town, which was the first to be liberated by Allied forces after the D-Day invasion.

"All of these people here to celebrate freedom," Fontenelle said. "My freedom is what these men fought for that day."

The 71-year-old Fontenelle was born several years after World War II had ended, but grew up listening to the stories of the "liberators" that saved

SEE D-DAY | A5

show musical side with D.C. production

For Telly Tucker, music is a way to bring people together

By John R. Crane jcrane@registerbee.com

When he's not promoting the city's key assets to business prospects, Danville Eco-

nomic Development Director Telly Tucker likes to hit a different set of keys.

Tucker, 39, has played piano since he was 8 years old and later this month will lead two musical productions in Washington, D.C., during the 2019 DC Tucker Black Theatre & Arts Festi-



val taking place June 21 through July 5.

SEE TUCKER | A4

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Danville Register & Bee

SUNDAY, OCTOBER 20, 2019

DÁN RIVER LIFE GoDanRiver.com

JANE GAMBLE/THE WASHINGTON POST A Baltimore oriole has a snack feathered friends on an American sycamore.

has a cure for problem

John Rosemond

The 'Doctor'

LIVING WITH CHILDREN

children

have good news for parents: You do not need more than a few tools in your L disciplinary tool-bag.

One especially valuable tool, one that belongs in every modern home, is the "Doctor."

The Doctor is akin to a genie — an invisible parenting sprite, so to speak - whom you invite to take up residence in your home. But it's not like inviting your cousin to come live with you because the Doctor takes up no room, consumes nothing, makes no mess and moves on within a few weeks.

You can invoke the Doctor's paranormal powers concerning a broad range of parenting problems including tantrums, disobedience, compulsive nose-picking and even refusing to eat.

So, for example, you can tell a, say, 5-year-old who is throwing frequent tantrums because you will not customize her life precisely to her liking, "I spoke to the Doctor today about your tantrums; you know, your screaming fits. He tells me that children your age who throw lots of screaming fits aren't getting enough sleep and told me that if you throw a screaming or even a yelling or crying fit, you have to go to bed immediately after we eat supper so you can catch up on your sleep. He also said that if you have a fit after supper, you have to go to bed right away."

The 5-year-old female child in question

Bird populations are crashing but we can mitigate the losses

By Adrian Higgins The Washington Post

he arrival of crisp fall weather has gardeners thinking about the winter, a period of retreat in the garden but not of death.

The plants' withdrawal from the cold invites close examination of the leafless world. But if you need something beyond the display of holly berries, the smooth silver bark and latent buds of the magnolia, or the black silhouette of an old walnut tree, there is another, more vivid reminder that life goes on outdoors. We have the birds.

Or do we?

A study by ornithologists and other scientists released last month told us bird populations have crashed. Since 1970, the United States and Canada have lost nearly 3 billion, close to 30% fewer individuals. The losses are across habitats and species, though hardest hit are birds that inhabit the grasslands from Texas north into the Canadian prairie. The suspected causes? Habitat loss, more intensive agriculture and greater use of pesticides that kill the insects birds eat.

For those of us who see the garden not just as a living expression of beauty but a place where we embrace nature, the news is a reminder we have some power to mitigate this distressing loss.

First and foremost, keep the cat indoors. Ask your neighbor to do the same. Cat predation is a major cause of bird mortality, according to the American Bird Conservancy. This is not just from pets but all the alley cats out there, themselves the product of people throwing unwanted, unsterilized felines to the four winds. The cats



IANE GAMBLE/THE WASHINGTON POST

The type of trees and shrubs you choose also can make a big difference to birds. Shown is a cedar waxwing eating a chokeberry.

are the instrument of bird death, but we are the cause.

Songbirds also die in large numbers by flying into windows. If this is a problem where you live, you can attach decals to your glazing. Another tactic is not to use pesticides, even sprays against mosquitoes, a pest best countered by removing sources of standing water, especially in the spring.

You might think the greatest step you can take for the birds is to feed them. This is, after all, the time of year our thoughts turn to nourishing birds through the chillier months ahead.

Do the birds need this buffet? Perhaps not, but bird feed can help at key moments in the year, in April and May and September and October, when migrating birds need all the fuel they can get. "These movements mean a high expenditure of energy for what are often tiny animals," said Emma Greig, program leader of the Cornell Lab of Ornithology's Project Feeder Watch. "To have

places along the way for them to rest and feed, that's really important."

The other moment is in winter during periods of extreme cold. These sudden Arctic blasts can lead to a lot of bird death. Suet blocks work for insect-feeding birds "and are used by a wide variety of species," Greig said. "They're ideal for cold weather, the time when bird feeders actually enhance survival of some species."

The greatest value of bird feeding is to bring wild birds in proximity to us, so we can develop an affinity for them.

Not all mixes are equal; striped sunflower, for example, is not favored by as many bird species as black-oil sunflower or hulled or chipped sunflowers, according to a three-year study, Project Wildbird. Project FeederWatch (feederwatch.org) has put together an infographic on common

SEE BIRDS | C5

is a real person. She lives with her parents in a small midwestern town where she was, until recently, developing quite the reputation for explosive tantrums that were even occurring in restaurants, stores and other public places. She went to bed right after supper every night for six nights. Then she went to bed early five nights out of the next 10. Then she stopped throwing tantrums. Several weeks later, she told her mother she felt a lot better now that she wasn't having screaming fits all the time. Duh!

Or, take the case of the 6-year-old boy whose parents had spent tens of thousands of dollars on various forms of "feeding therapy" - which consists, as best I can tell, of cajoling, bribing and exclaiming "good job!" whenever said child touches his lips with a new food morsel - including a stint in-residence at a well-known feeding therapy institute in the Midwest. Yes, the parents picked up and moved 1,500 miles so their food-averse child could have nothing but the best. After eight weeks of intensive midwestern feeding therapy, the child's food repertoire had gone from three to five.

After a 90-minute discussion with me, the parents told their son about the Doctor — a new Doctor, mind you, one they'd never seen before — and his revolution-ary finding that children who refuse to eat what is put in front of them (from that point on, said defiant boy's plate featured the same foods everyone else in the family had on their plates) ... yes, you guessed it ... aren't getting enough sleep! Within a week, the child was eating what his parents and siblings were eating. He continued to complain about not liking what his parents fixed, but when he did, they simply said, "You must be feeling tired" and he ate.

The Doctor's groundbreaking therapy cured a 9-year-old who enjoyed calling his single mother names and completely ignored her when she gave an instruction. The Doctor was able to determine that all together now: the boy wasn't getting enough sleep. Only two weeks of treatment was required to cure what a psychologist had said was a case of oppositional-defiant and attention-deficit disorders. Turns out, the boy was just a sleepy little

brat.

Learn more about family psychologist Rosemond at johnrosemond.com and parentguru.com.