

# We are committed to you.

*A boutique, yoga/pilates/wellness studio with limited class sizes and an emphasis on gentle practices for our mature and new yogis.*

Mature Yogi discounted class passes.

- Yoga
- Pilates
- Meditation
- Sound Immersion
- Tai Chi



The Main Street Wellness Co. • 35 Main Street • Warrenton  
[www.mainstreetwellness.club](http://www.mainstreetwellness.club) • (540) 216-7371